

Does lust satisfy, ever?

This most basic question of all time, brings much personal pondering and desperate contemplation. Why even try to answer this question? Why not play it safe and *pretend* that modern life is grand? *Fearful* lies try to stop any discussions before they even start: ‘Nobody is perfect. Everybody needs *something* to make life tolerable. Why rock the boat?’ or ‘We can barely keep the current socially accepted *rules*, why add more?’ Overcoming these lies is less daunting with honesty. All that is required to benefit from the *only* viable answer is a sincere and courageous inspection of one’s life. Courage, born out of urgent honesty, is the only foundation that authentic change can be built upon. **You** must decide for your yourself. Keep reading for practical and relatable solutions or... don’t.

Lust is a small word, yet a tiny piece of food lodged where it doesn’t belong can *kill* if not removed. The dictionary defines lust as sexual desire or longing. The Bible mentions “The lust of the flesh, the lust of the eyes and the pride of life”. In recovery, lust is defined as misusing anything or any one in a way that *takes* instead of *gives*. Since authentic love is about *giving*, **lust kills love**.

The lure of lust at some level is present in *all* humanity. Politicians, Hollywood heart throbs, Pastors and industry leaders fall sexually so much it is barely news. Constant **comparing is so common**. The pull to feel *superior* to those caught in public scandal, real or fake, is strong. The latest juicy headline boosting media profits makes private lust *feel* smaller. Celebrities often speak of immense pressure to maintain an image, yet they fear being **used** instead of *loved* because of that same image. No matter our station in life, shiny and external facades *never* match internal realities.

Rita Hayworth said, “They go to bed with Gilda (sex symbol she played) and wake up with me!”

Lust is about mountains more than misdirected sexual desire. It can be sparked by anything and anyone at anytime. Even a partial list of lust triggers in this modern world would fade from view if typed on a scroll one by one. Only *one* honest conclusion must come from our human experience. Trying to live lust free is like walking on a tightrope made of dental floss over a lake of gasoline with a bucket of lava strapped on one’s head! The *sizzle that entices on all sides entices* all endlessly.

“Gotta have it!”; “Coke, the real thing”; “Gillette the best a man can get”; “Mm Mm Good!”

Satisfaction is defined as “The fulfillment or gratification of a desire, a need or an appetite. The pleasure or contentment that is derived from such gratification.” In *every human* interaction on this big slow spinning ball in space called earth, regardless of locale or income, the *hunger* to be deeply satisfied is noticeable on each forlorn face. Elaborate facades *cannot* hide this hunger when unmet,

Inside the definition of satisfaction is the seed of the answer to this most vital and basic question. **Meeting** a desire or need is not the challenge of any option promising satisfaction. **Sustaining** the satisfaction is the impossible feat. All get *some* satisfaction at *some* point even though the Rolling Stones beg to differ. Food and Water *satisfy* the body with nourishment, but *continued* supply is needed to *keep* surviving. *Continual Satisfaction, like breathing*, is needed deeply by *all* humanity.

Has continual *satisfaction* ever been *your* experience?

Noble sounding lies evoke *only* emotion. “Together we must *remove all need forever...*” These platitudes only make rich political leaches richer. Humble thinkers *know*, since satisfaction is *the fulfillment of a need*, if we met every need (which **cannot** be done now) then satisfaction would *never* exist. All have tasted happy moments of fulfillment in nibbles yet the feelings of fulfillment *always* fade. This cruel *catch 22* lie inflicts *jealousy* or *despair* upon all who believe it. When *others* get what *we* can’t; Jealousy rises. When *we* get what *we* want and fulfillment fades; Despair rises.

Tragic stories of the beautiful and successful people who have *everything*, committing suicide or overdosing, demonstrate despair. Want to be depressed? Google: "Hollywood suicides and ODs" The only way to avoid Jealousy and Despair is to combat the lie with one simple yet brave Truth.

Every promise of satisfaction *outside* the person of Jesus Christ never *lasts* in satisfying, ever!"

Each individual must decide for themselves if this audacious statement is true. Lasting change never begins until a healthy disdain for being lied to, is developed. Every waking moment all the senses are bombarded by promises for ultimate, out of this world, satisfaction *if only we just* ____ .

No (fill in the blank) can even come close to satisfying as promised *by itself*, ever. Since it is through the senses that satisfaction is measured, explaining the **complete inability** of lust to fully satisfy is best categorized using each of the *senses*. It's OK, admitting what's not working is *good!*

Sight: Thinking, dreaming and remembering happen mostly in *pictures*. The eyes are called the window to the soul. Marketing is presenting an image to evoke a response from people. Eve *saw* the forbidden fruit and it looked good to her. Despair from the deceit of the ages was lurking close.

Hearing: Spoken words carry much more meaning than written. Emotions, inflection and intent all are communicated through sound. Effectiveness of *music* to move people to action is well known.

Smell: Ability to taste is directly linked to smell! Bakeries simply let the warm aroma *draw* people.

Taste: Why is the pursuit of culinary perfection becoming obsessive, when life sustaining calories supplied the body from *fine dining* or a 79 cent can of soup are *equal*, yet eating disorders rage on?!

Touch: Un-held newborns fade. Emotions evoked from the type and location of touch vary much.

"Lust of the flesh, lust of the eyes and the pride of life" are present in *every* lustful lie at some level. Honest humans *know* the feeling when the sizzle fizzles; promises are broken; and love tarnishes. In the same way that Counterfeit Experts know every detail of the true article, a full life focuses all effort into finding a wise reliable source of ***lasting satisfaction***. This source is perfectly exclusive.

Insanity is defined as repeating the *same* action and expecting *different* results. The folly is not in the first action, it is the repeating *while expecting better*. All addictions operate in a common cycle. Dear Friend, thank you for reading this far. What do you keep *doing* that you *don't want* to do AND what do you keep **not doing** that you want to do? Your list will be unique yet *common* to mankind. Pleasure of *any kind* is so convincing in the lie that repeating and increasing whatever delivers that *high* can bring purpose and fulfillment to a modern life. Stats and *experience* contradict the sizzle.

Cosmo touts "Sex that Rocks!". It's *so* satisfying 1 in 6 USA females are sexually *assaulted*, why? 84% of those aged 18 to 49 (2006 study) had viewed porn, yet depression is rampant. Satisfied?

A 2015 study shows 13.4% of drinkers aged 12-20 were *binge* drinkers. If it 'works' why binge?

To be human, is to struggle with a dizzying merry go round driven by lustful appetites. You tired?

When more of the *senses* are involved, the *higher* the high is, and the *lower* the letdown.

The ***only lasting satisfaction*** comes from Jesus Christ Himself who inspired Paul to write "Eye has not seen, nor ear heard nor has entered into the heart of man the things that God has for *you*...!"

Ask for what *you cannot do yourself* from the ***only one*** proven to keep *all* His promises forever.

"Jesus Christ, I am so tired of trying to be satisfied by _____, _____ and _____, clean me up and teach me how to humbly grow in the joy and fulfillment that only You can provide. Thank you for covering my past, present and future sins of going my own way by your death on the cross for me. I want to continually be satisfied by your love, joy and peace. Help me say **no** to lust and **yes** to you always!"

More resources?: Go to www.GodisGoodGamez.com. Also: Marie Sandvik Ctr. 1112 E Franklin Ave, Mpls.